

Dear User,

The Catalan Youth Agency is committed to offering a safe and premium quality diet to XANASCAT hostel users who have food allergies or intolerances. To this end, it provides the hostels' kitchens with its **food allergy and intolerance protocol** and **dietary and nutritional advice service**.

To ensure that nutritional needs are met with full safeguards, both participants and the people accompanying them need to fill in the attached form. Once completed and signed, please send it to the hostel where you are going to stay together with the medical certificate of diagnosis to enable our team of nutritionists to conduct a study and tailor the set meals.

The form and the medical certificate should be emailed to the hostel **at least a fortnight in advance regardless of the type of food allergy or intolerance**. If they are submitted less far in advance, the hostel management will have to assess whether the set meals can be adapted.

Thank you for your cooperation and for choosing XANASCAT.

Best regards,

Catalan Youth Agency



Food allergy and intolerance form (to be filled in by the parents or legal guardian of the minor)

Details of the person with a food allergy or intolerance

Name and surname(s)

Date of birth

Address

Town

Postcode

Contact information

Name and surname(s)

Relationship to the participant

Phone no.

Email

Details of the group/school group they are staying with

Group/school group name

Hostel and arrival day

Phone

Email

Group/school group leader's name

Information about the food allergy or intolerance (medical certificate is required)

Allergy What type is it? Ingested Contact Inhaled

Intolerance

Allergies and intolerances

Other

Gluten

Nuts

Lactose

Eggs

Fish

Pulses

Shellfish

Cow's milk protein

Foods or food derivatives which they CANNOT eat and/or other aspects related to the food allergy or intolerance to be considered:

What to do in an emergency

What reaction does the allergy cause? (Hives, spots, itching, choking, etc.)

What is the reaction time in case of accidental ingestion or contact?

Medicine	Dosage	Frequency	Cold storage ¹	Remarks
			<input type="checkbox"/>	
			<input type="checkbox"/>	
			<input type="checkbox"/>	
			<input type="checkbox"/>	

¹ Medicines which need to be kept refrigerated must be handed over to hostel staff in a sealed box identified with the user's name. Hostel staff are to keep it in the cold storage room and always hand over the whole box (under no circumstances may they handle the medicines it contains).

Documents attached to this form

- Medical certificate certifying the allergy or intolerance.
- Instructions regarding the allergy or intolerance (preferably from a doctor) for drawing up the appropriate set meal.

Signature

Date:

Please email this document to the hostel concerned at least a fortnight before your stay. You can find the addresses of all the facilities [here](#).

Key data protection information in relation to the treatment of food allergies or intolerances of users of the hostels run by the Catalan Youth Agency

Controller: Catalan Youth Agency in the Ministry of Social Rights and Inclusion.

Purpose: managing the data of users of the Catalan Youth Agency's XANASCAT hostels who have food allergies or intolerances.

Lawful basis: data subject's consent.

Recipients: data will not be transferred to third parties.

The company awarded the contract for the Catalan Youth Agency's dietary and nutritional advice service will process the data to prepare the appropriate set meal as needed.

Data subjects' rights: they have the right to access, rectify and erase the data provided and object to their processing as specified by law. To exercise these rights, please write to the Catalan Youth Agency, enclosing or attaching a copy of your ID, by post at c/ Aragó, 244-248, 08007 Barcelona, or by email to dpo.acjoventut@gencat.cat which you have to sign using an electronic ID card or recognised digital certificate.

More information at xanascat.gencat.cat/ca/avis-legal/.

By signing this document, you authorise the unit controlling the file to process the data contained in it for the stated purpose.